

**Yoga**  
**West Ashley**

Tuesday 6-7pm  
Wednesday 6-7pm  
Thursday 5:30-7pm  
Saturday 10-11am

**Yoga**  
**Mount Pleasant**

Monday 10-11am  
Tuesday 10-11am  
Wednesday 10-11am  
Thursday 10-11am

**Yoga**  
**Summerville**

Monday 6:30-7:30pm  
Friday 6:30-7:30pm

**\*Yoga**  
**North Charleston TBA**